# Arrowbear Mysic Camp Pre-Intermediate Session!

August 14-20, 2022



**Attention:** For everyone's safety all camp attendees, including staff and campers, are required to show a negative Covid PCR test taken within 72 hours of the start of camp.

#### **Packet Contents**

Pre Camp checklist
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General Camp Information-

- Auditions
- Mail
- Email
- Cell phones
- Online camp photo album
- Camp group photo and roster
- Camp store
- Laundry
- Visiting Policies

**Packing List** 

#### **Information**

at a glance

- Camp office phone: 909-867-2782
- Larke Dockstader's cell phone: 562-225-7766
- August 7: session balance and health form due
- August 14th: Arrival, check in 3-4pm.
- August 20th: Pick up day-3pm concert
- Camp's mailing address: PO Box 180,
   Running Springs, CA 92382
- Camp's physical address 33500 Music
   Camp Rd., Arrowbear lk, CA 92382

## Pre camp Checklist

Covid PCR test done within 72 hours of camp- negative result must be shown at check-in
Balance paid- due in full by August 7th
Packing list double checked
Online Health Form completed by August 7th
Medications and original medication container ready to turn in
Sunday morning before camp, take an at home antigen covid test- Write camper's name
on a piece of paper and take pic with results and name. Must be shown at check-in.
Get ready to have an AMAZING time!!!

## Arrival and Departure Information:

#### First Day of Camp- August 14th

- Arrival-August 14th
- Check in between 3pm and 4pm
- For Covid safety, we ask guests who are not attending camp to remain near the camp porch/check in area. Staff will be available to help carry luggage. On the last day of camp, families and guests will have a chance to visit the campus and look around.
  - Check in station will be located on the camp porch and will include:
    - Sign in- make name tag, turn in cash for snack bar if needed, make sure balance is paid
    - Meet with camp Health Supervisor for medical check-in/temp check, turn in medications, show negative covid PCR test
    - o Lice check with friendly camp counselor- will be set up in private location
    - Say goodbye to your family and join a counselor and small camper group for 1st mixer. We can't wait!! It'll be a blast.

#### Last Day of Camp- August 20th- Final Concert 3pm:

- Last Day of Camp- Saturday August 20th
- The Final Concert will be held at 3pm on campus. Guests may arrive anytime after 2pm to visit and load luggage. Please do not arrive early as our program will still be in session.

## Address and Driving Directions to Camp

Physical address: 33500 Music Camp Rd, Arrowbear Lk, CA 92382

- 1. From I-210 in Highland, take HWY 330 towards Big Bear. After winding up the mountain road, continue through the small towns of Running Springs and Arrowbear.
- 2. Turn right at the second Arrowbear Drive. On the corner you will see Blondie's Bar and Grille. If you reach a sign for Green Valley or Snow Valley Ski Resort, you have gone too far.
- 3. Stay to the left of the small seasonal pond area and continue up Music Camp Road until you reach the camp. We have a large green and brown "Arrowbear Music Camp" sign at the entrance to the camp.
- 4. Follow signs to the check-in station.

## Payment

Payment is due in full by August 7th

## Medical Form & Medications

Please make sure your online medical form is up to date. Our Medical Supervisor will go over it with you during check in.

All medications must be turned into the Camp Health Supervisor during check in. This includes over the counter medications and is for legal compliance and camp safety. Medications MUST be in their original, labeled containers or they will not be administered. If you transfer pills into daily pill containers, make sure to provide the original prescription bottle.



## General camp Information:

#### **Auditions**

On the 2nd day of camp, each camper will meet with our music staff for an audition. This will help our teachers understand the needs of each camper. Do not worry about the audition; camp is a very supportive and noncompetitive environment. We are all here to learn. :)

In preparation for your audition please work on the following:

#### Strings:

- 1. C, G, D, F, and Bb Major Scales- as many octaves as you can play well
- 2. A short excerpt from a current solo or orchestral work

#### Winds:

- 1. Bb, F, Eb, G, and D major scales- 1 or 2 octave chromatic scale
- 2. Demonstration from both a fast piece/excerpt and a slow piece/excerpt

#### Percussion

(If you have not been introduced to the instruments and skills listed below, do not worry- they are not required- you will learn while here).

- 1. Snare drum technique
- 2. Mallet instrument skill level
- 3. Timpani technique/ tuning



#### **Communication with your camper**

#### Old fashioned snail mail

Campers love to receive mail while at camp!
Please send toCamper's Name
c/o Arrowbear Music Camp
PO Box 180
Running Springs, CA 92382
Any mail that arrives after the session ends will be mailed to camper.

Alternatively, family and friends are welcome to leave mail & packages with the camp office to be placed in the camper's mailbox on a specific day.

## One way emails through your online account

- 1.Log into your account through our website
- 2. From the left side menu choose "Message Center"
- 3. Choose "Message a Camper"

Emails will be printed and placed in the camper mailbox with the daily mail.

#### **Cell Phones**

All campers will be very busy playing music, making friends, and enjoying the camp/mountain atmosphere. We highly recommend that you leave your cell phone and other electronic devices at home.

We truly believe that camp is a more fulfilling experience for campers when cell phones are not involved. They really do distract from total involvement in the experience. With that said, we have done our best to find a happy medium to accommodate those who feel that communication during the session is necessary.

For campers who bring a cell phone:

- Phones must be turned in during registration
- Phones may be checked out for use between 3:00pm and 3:30pm starting Monday afternoon.
- Campers who do not bring a phone, but wish to make a call during this time, will have access to a camp phone.
- Phone may be checked out daily during rest period to listen to music with headphones

#### **Online Camp Photo Album**

Photos will be posted daily to your online account starting Monday evening. Check back daily at 5:30pm for new photos.

Navigate to the photo album by logging in to your online account from our website, and then choose "photo gallery" from the left side menu.

We will also be posting stories and updates to our social media at instagram.com/arrowbear.music.camp and facebook.com/ArrowbearMusicCamp A link can also be found on our website.

#### **Commemorative Photo and Camp Roster (the 'note')**

At the end of the session we will provide all the campers with a group photo and roster including contact information for all campers and staff. If you wish to have your contact information left off the roster, please let us know during check in.

#### **Camp Store**

During free time we sell a small assortment of snacks and camp gear. Camp store money must be turned into the camp for use with our store debit system. Any remaining money will be returned to the camper on the last day. We accept cash, check or money order made out to Arrowbear Music Camp, or credit card through your online account. For a two week middle school session we recommend \$15-\$50.

To add money online: Log into your account from our website and choose "camp store" from the left hand drop down menu.

Prices-

Snacks/Soda \$1-\$4, T-shirts \$15, Sweatshirts \$25-\$30, Other camp gear \$3-\$25

The camp store will be open before and after the concert. At this time we will accept credit card payments.

#### Laundry

There is one cold water washing machine, unscented laundry pods, and clothesline available for use if need.

#### **Visiting Policy**

Visitors will be limited this year for Covid safety. Please check in with the office if you plan to visit.

### Thank you

We are looking forward to seeing you all!!!



## Arrowbear Music Camp



Clothing Enough comfortable outdoor clothing for 7 days- Example:  Jeans/ long pants Shorts T-shirts/ tank tops Sweat shirt/ sweater Pajamas Socks	<ul> <li>Music Related</li> <li>□ Instrument, plus addition needed items (mute, reeds, etc.)</li> <li>□ Pencils- soft lead</li> <li>□ Eraser</li> <li>□ Clothespins to hold music in on windy day</li> <li>□ Music and accompaniment if you plan on performing during optional activity times</li> <li>□ Any additional instruments you play that you may like to use for free time or</li> </ul>
Underwear	optional performance time
<ul> <li>Closed-toe shoes</li> <li>Bag or collapsible hamper to hold dirty clothing</li> <li>Concert clothes: slacks, khakis or skirts;</li> </ul>	Miscellaneous  Water Bottle  Flashlight  1 covid antigen test
blouse, polo, or other collared shirt  7 Masks (for indoor use)	Optional ☐ Fitted sheet (to cover vinyl mattress) ☐ Blankets
Toiletries	☐ Swimsuit
<ul> <li>□ Towel and washcloth for shower</li> <li>□ Shower sandals (flip flops)</li> <li>□ Toothbrush, toothpaste, floss</li> <li>□ Shampoo/conditioner and soap</li> <li>□ Sunscreen and chapstick</li> <li>□ Bug repellant</li> <li>□ Any other personal items you may need</li> </ul>	<ul> <li>☐ Pool towel</li> <li>☐ Hat</li> <li>☐ Sunglasses</li> <li>☐ Hiking shoes/ hiking gear</li> <li>☐ Sandals</li> <li>☐ Snack food in a labeled container</li> <li>☐ Stamps and envelopes</li> <li>☐ White clothing for tie-dying</li> </ul>
<b>Bedding</b> ☐ Warm Sleeping Bag- temps may drop below the 40's- please pack accordingly	☐ Camera ☐ Books ☐ Art supplies ☐ Headphones

☐ Pillow